

NAWA YOGINI TANTRA YOGA FOR WOMEN





### **nawa yogini tantra yoga pdf**

Yogini (sometimes spelled jogan) is a Sanskrit term used to refer to a female master practitioner of yoga, as well as a formal term of respect for female Hindu or Buddhist spiritual teachers in Indian subcontinent, Southeast Asia and Greater Tibet. The term is the feminine Sanskrit word of the masculine yogi, while the term "yogin" IPA: [ˈjoːɡɪn] is used in neutral, masculine or feminine sense.