

ORIENTEERING GET OUTDOORS



orienteering get outdoors pdf

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Orienteering Get Outdoors PDF Download

Red is the part of the compass needle that always points North. ?? To use the compass, you ?rst must ?nd your bearing. A bearing is measured in degrees. ?? The degrees are usually measured in large increments of 20 degrees which are then broken into 10 degrees and further into 2 degrees.

Orienteering Basics

2011 Get Lost!! in Henry Coe, U.S. Rogaining Championships: "Orienteering adds challenge to enjoying the great outdoors," (PDF) Gilroy Dispatch (November 14, 2011) 2011's U.S. Individual Orienteering Championships: "Orienteers point their compasses toward Lynn Woods," The Daily Item (October 20, 2011) Livestrong.com article on Orienteering ...

Orienteering Articles | Orienteering USA

- Orienteering is a challenging outdoor activity using a detailed topographic map and a compass to navigate through the terrain and find a series of terrain or man-made features indicated on the map.

Orienteering Lesson Plan

Orienteering is a navigation race. This is not the compass and pace exercise you did in Scouts! Instead, you are given a detailed topo map with pre-marked checkpoints.

Orienteering at Rockcrusher | Get Outdoors Kansas

Get outdoors and teach orienteering. Orienteering is map-reading made fun. Scouts like fun and should be good at map-reading, but many adult Leaders perhaps fear that the sport is a specialist activity involving much hard work in its organisation. The purpose of this factsheet is

Orienteering - Factsheet

Orienteering is a great outdoor activity for the whole family! Use a specialized map to navigate your way from point to point. The route is not marked: you get to choose the best route.

Orienteering | Get Outdoors Kansas

orienteering using the beginner course at Waterfall Glen Forest Preserve. For a more thorough introduction, sign up for an upcoming orienteering program through the Forest Preserve District. Visit dupageforest.org and click on "Things to Do" and "Calendar of Events." The Map In orienteering, the map is more important than the compass.

Introduction to Orienteering - dupageforest.org

Orienteering. Orienteering is an art in map and compass reading and a fun way to exercise and build wilderness survival skills. There are parks where orienteering courses are established permanently and open to use by the general public. If you select an event where you can learn helpful hints in reading the map and compass,...